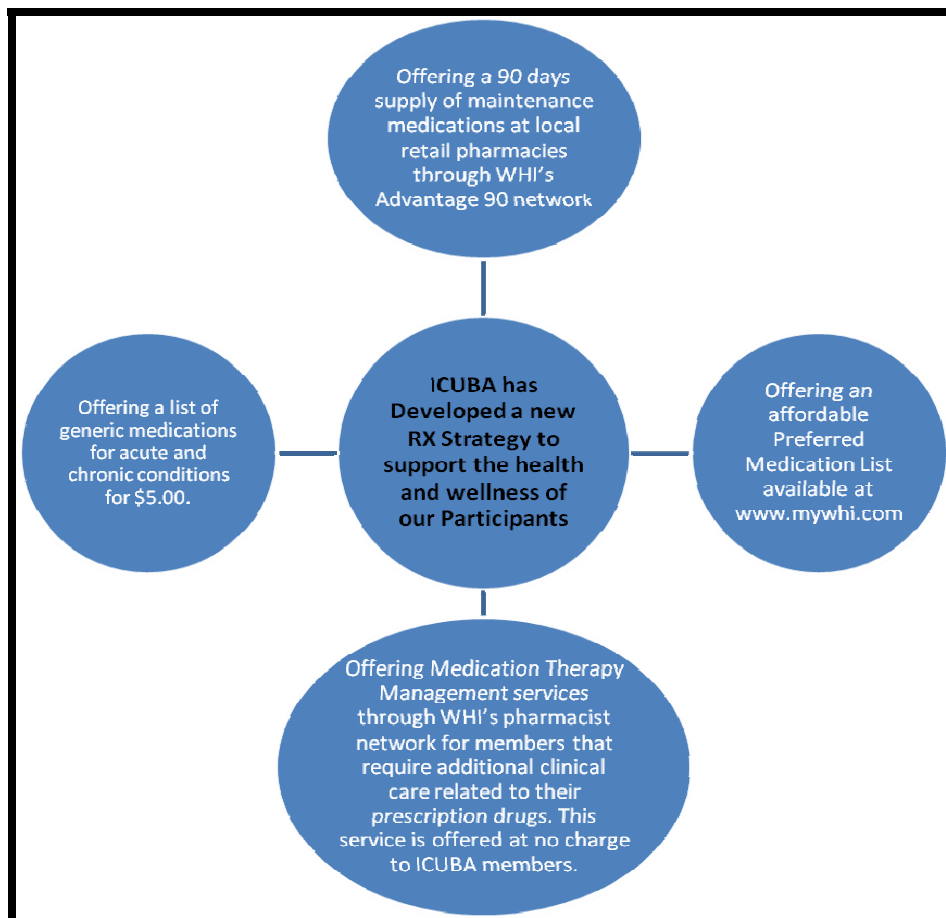


A newsletter to help you make informed choices

In this Issue:

Effective April 1, 2008 ICUBA will have a new vendor partner for its Pharmacy Benefit Manager. Walgreens Health Initiatives (WHI) has been selected to provide ICUBA members with superior clinical innovation and customer service while providing recommendations and guidance to control prescription drug cost. Both ICUBA and WHI place the value of health above the cost of a prescription, however, as you are aware many medical conditions have multiple prescription drug options. Although these options often provide similar and in many cases identical results, the cost for these drugs can vary significantly. Remember that asking your doctor if a generic medication is right for you will always save you money.



Medication Therapy Management

You can now receive medication therapy management services from many pharmacists for your chronic conditions. Moreover, with the new RX program, ICUBA will use integrated medical and pharmacy data to find gaps in care for specific patient populations. This information will be shared with your health care provider to encourage a proactive approach to prevention of catastrophic illness.

Customer Service Available 24 hours a day 7 days a week at 1-800-207-2568



Walgreens Health Initiatives: Your new one-stop Pharmacy Benefit Provider!

Effective April 1, 2008, ICUBA is adding benefits to your current prescription drug program. A **Value Based Generic Drug List** will now be available through your prescription drug program. You will get additional information about this program in the mail and at Open Enrollment! Medications on this list will be available for up to a 30 day supply for a generic copay of \$5.00 or a 90 day supply for \$10.00 through your retail or mail order pharmacy. Medications on this list include acute medications such as antibiotics, muscle relaxers and pain medications as well as chronic medications for diabetes, hypertension and high cholesterol.

VALUE BASED GENERIC DRUG LIST

These Drugs Cost only \$5.00

ANTIBIOTICS	
	Amoxicillin Cephalexin Ciprofloxin Sulfamethoxazole/TMP
CARDIOVASCULAR BLOOD PRESSURE	
ACE INHIBITORS	Lisinopril Benazepril Enalapril
ACE INHIBITORS with DIURETICS	Lisinopril/HCTZ Benazepril HCTZ Enalapril HCTZ
BETA BLOCKERS	Atenolol Metoprolol
DIURETICS	HCTZ Triamterene/HCTZ Furosemide
CHOLESTEROL LOWERING	
	Lovastatin Simvastatin
DEPRESSION	
SSRIs	Fluoxetine Citalopram
DIABETES	
	Glimepiride Glipizide/ER Glyburide Glyburide/Metformin Metformin/ER
GASTROINTESTINAL	
	Omeprazole Ranitidine
MUSCLE STRAIN	
	Cyclobenzaprine
PAIN	
	Ibuprofen



Walgreens Health Initiatives: Your new one-stop Pharmacy Benefit Provider!

What You Need to Know:

How to contact Walgreens Health Initiatives?

You may call Walgreens Health Initiatives Customer Care Center 24 hours a day 7 days a week toll free at 1-800-207-2568 or log on to www.mywhi.com.

What pharmacies can I use?

Walgreens Health Initiatives is owned by the same parent company as Walgreens pharmacies. However, you may use any of the 60,000+ stores in the Walgreens Health Initiatives network.

What is Advantage 90?

Walgreens Health Initiatives offers a 90 day supply of your chronic medications through over 30,000 retail pharmacies through their Advantage 90 retail network. Log on to www.mywhi.com to determine the location of an Advantage 90 network pharmacy near you.

What about mail order?

You may register for mail order on www.mywhi.com. Most mail order prescriptions that are with the current mail order vendor will transfer to WHI. **However, controlled substances, compounds, expired prescriptions and prescriptions without refills will not transfer.** If you fall into these categories you should contact your doctor prior to April 1, 2008 to get a new prescription. Call 1-800-207-2568 24 hours a day, 7 days a week for more information!

What are my copays?

ICUBA 2008 Pharmacy Benefit Copay Structure			
In-Network	Retail	Mail	90 Days at Retail (Advantage 90 Retail Network)
Value Based	\$5.00	\$10.00	\$10.00
Generic List			
Generic	\$10.00	\$20.00	\$25.00
Brand Preferred	\$27.00	\$50.00	\$60.00
Brand Non Preferred	\$55.00	\$100.00	\$125.00
Frequency	30-day supply	31- 90-day supply	31- 90-day supply
Brand with Generic Available Penalty	Copay plus the difference between the cost of the brand and the generic drug not to exceed the cost of the brand drug		



Walgreens Health Initiatives: Your new one-stop Pharmacy Benefit Provider!

What about Specialty medications?

You may register for Walgreens Specialty Pharmacy on www.mywhi.com click the specialty pharmacy link. Specialty pharmacy prescriptions that are with the current vendor may not transfer to WHI. As a precaution, you may want to contact your doctor prior to April 1, 2008 to get a new prescription. You can also call 1-800-207-2568.

Where can I find my drugs list?

Many of your copays will be lower some of your copays maybe higher. To determine your copay, you may obtain a copy of the Walgreens Health Initiative Preferred Medication List from www.mywhi.com. You can also call 1-800-207-2568 24 hours a day, 7 days a week.

Your Copays May Change			
...but you have options			
Effective April 1, 2008, some of the drugs that you are currently receiving will have different copays. Major copay changes and lower cost alternatives are outline below. Remember that generics are always the lowest copay. Also, taking advantage of Mail Order and Advantage 90 Retail Network will also save you money.			
Non-Preferred Brand Name \$55/100/125	ICUBA Value Based Generic \$5/10	Generic \$10/20/25	Preferred Brand \$27/50/60
ACTONEL			Boniva, Fosamax
ALLEGRA-D 12 HOUR			OTC- Cetirizine - D, loratadine D
ATACAND	Benazepril, Enalapril, Lisinopril		Avapro, Benicar, Cozaar
CLARINEX		Fexofenadine	OTC- Cetirizine, loratadine
DIOVAN	Benazepril, Enalapril, Lisinopril		Avapro, Benicar, Cozaar
DIOVAN HCT	Benazepril HCTZ, Enalapril HCTZ, Lisinopril HCTZ		Avalide, Benicar HCTZ, Hyzaar
LEVAQUIN	Ciprofloxacin		Avelox
LIDODERM		Lidocaine 5% Oint.	
NASACORT AQ		Flunisolide, Fluticasone NS	
NEXIUM	Omeprazole	Pantoprazole	Prevacid
ORTHO TRI-CYCLEN LO		Generic Ortho Tri-Cyclen	
PAXIL CR	Citalopram, Fluoxetine	Paroxetine	
PROTONIX	Omeprazole	Pantoprazole	Prevacid
PROVENTIL HFA		Proair HFA Inhaler	
PROVIGIL		Methylphenidate, Methylphenidate ER	
RESTASIS			OTC and Generic Alternatives
RHINOCORT AQUA		Flunisolide, Fluticasone NS	Nasonex NS
SKELAXIN	Cyclobenzaprine	Baclofen, Methocarbamol	
TOPROL XL	Metoprolol ER	Metoprolol ER	
TUSSIONEX		Various generics and OTC cough syrups	
WELLBUTRIN XL	Citalopram, Fluoxetine	Bupropion SR, XL	
XOPENEX		Albuterol Solution, Albuterol Inhaler	
ZYRTEC		Fexofenadine	OTC- Cetirizine
ZYRTEC-D			OTC- Cetirizine - D

OTC=Over the counter medications available without a prescription. These drugs are not covered by your prescription drug program.

