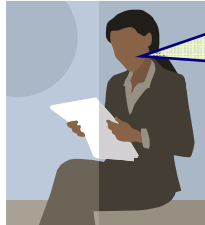


**A newsletter to help you make informed choices**



**In This Issue  
Information About...**

- ◆ Health Care Spending Account
- ◆ New PPO BlueCard
- ◆ New Benefit cards
- ◆ How to earn \$25! (see page 2)

**Each enrollee in an ICUBA Medical Plan will  
receive a New PPO BlueCard**



**Member Service/Benefit Questions: Call 1-866-470-2963.**

**To Receive High Level Benefits:** You must receive preventative care from a network provider. If you choose to receive care through an out-of-network provider, for other than emergency care, you will receive payment at a reduced level of benefits. Preventative care is not covered out-of-network; please call BCBS or look online to determine network providers

**Hospital or Facility Admissions:** You are required to call **1-866-470-2963** at least 48 hours prior to procedure or within 24 hours in an emergency.

**Member Submitted Claims:** If the provider does not submit your claim to their local Blue Cross Blue Shield Plan, send your claim to: Claims, P.O. Box 3355, Pittsburgh, PA 15230-3355.

**Online Access:** [www.mybenefitshome.com](http://www.mybenefitshome.com)

**Frequently Asked Questions  
About Benefit Cards**

**Q. I have not received my Safeguard dental/vision plan identification card. What do I do?**

A. There is a temporary Safeguard card in first page of the dental plan information booklet or can be requested through [www.safeguard.net](http://www.safeguard.net) or at 1-800-880-1800.

**Q. I have not received my PPO BlueCard plan identification card. What do I do?**

A. You may continue to use your old card. You can also re-order a card via the BlueCross Blue Shield (BCBS) website, [www.mybenefitshome.com](http://www.mybenefitshome.com) or speak to a BCBS customer service representative at 1-866-470-2963.

**Q. It is April 1<sup>st</sup> and I have not received my new MasterCard® debit card. How do I make purchases for eligible medical expenses?**

A. You may make purchases out-of-pocket. Go to [icuba.org](http://icuba.org) to print a paper Reimbursement claim form. Submit the paper claim form via fax, e-mail, or U.S. mail.

**Contact ICUBA**

flex@icuba.org  
P.O. Box 616927  
Orlando, FL 32861-6927  
Phone: 1-866-377-5102  
Fax: 1-866-377-5180

**Please Use Up Your Health Care Spending Account (HCSA) Money Before Due Date**

1. You are able to use your current HCSA fund for (eligible) medical expenses acquired during the period of April 1, 2006 - June 15, 2007. You are required to file a paper claim form for expenses made after April 1, 2007. You will have until June 30, 2007 to submit your paper claims.
2. The paper Reimbursement claim form can be found on [www.icuba.org](http://www.icuba.org).
3. Please visit [www.mbicard.com](http://www.mbicard.com) to view your current balance. Please use all HCSA current year funds before June 15, 2007.
4. You will receive a **new** MasterCard® for the upcoming plan year for your new HCSA and/or HRA (Health Reimbursement Account). If you have a HRA, your available balance will automatically rollover to your new card.
5. The new MasterCard® will be sent to the **employee only**. If a MasterCard® is needed for your eligible dependent(s), Please contact the Flex Administration at 1-866-377-5102 or e-mail us at [flex@icuba.org](mailto:flex@icuba.org).
6. Effective April 1, 2007, information from the previous plan year will no longer be available on the [www.mbicard.com](http://www.mbicard.com) website. If your account is registered for online viewing ([www.mbicard.com](http://www.mbicard.com)), please re-register with your new MasterCard® number.

*A newsletter to help you make informed choices*

## 2007 ICUBA/BCBS: Health Risk Assessment Incentive Program

ICUBA is pleased to announce the 2007 Wellness Benefit Initiative offered to employees enrolled in an ICUBA/BCBS Medical Plan.

- ◆ Each enrolled employee may receive a one-time \$25 deposit to their current Health Reimbursement Account, OR a one-time \$25 gift card for eligible expenses from ICUBA. Employees are eligible to receive this incentive once a year.



### Step One...

To View your Claims and Eligibility to obtain your \$25 Incentive Log-in to [www.mybenefitshome.com](http://www.mybenefitshome.com)



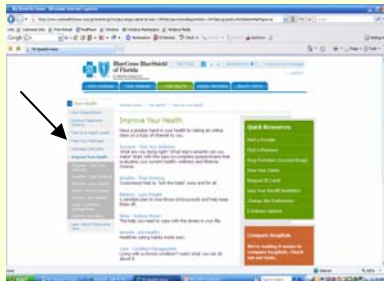
### Step Two...

If you have already set up your User ID and Password Log-in; if not select, Register Now. You will need your member ID from your BCBS card.



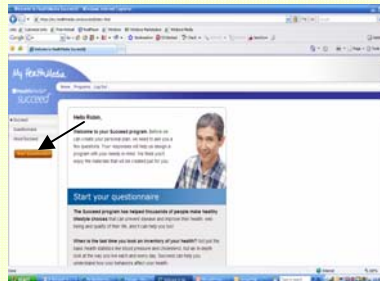
### Step Three...

Select the *Your Health* tab



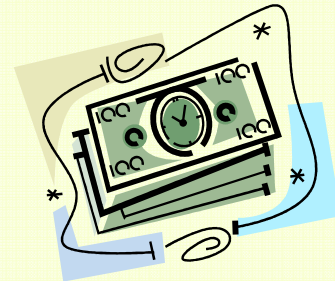
### Step Four...

On the left-hand menu, select *Test Your Wellness*



### Final Step...

Select the *Start Questionnaire* button



**You have 2 opportunities to participate in 2007 in order to receive your gift...**

**02/01/2007 – 04/30/2007 AND 09/01/2007 – 11/30/2007**